

## YOU CAN HELP

Pre-register today to participate in the:

### 4 MILE WALK FOR HEMOPHILIA

Through Historic Canton & Fells Point

Starting at

Clarence "Du" Burns Arena

1301 S. Ellwood Avenue

Baltimore, Maryland 21224

#### 4 Mile Walk/Run

7:00 a.m. – 8:45 a.m. Registration Begins

8:00 a.m. Run Begins

**9:00 a.m. Walk Begins**

10:30 a.m. After Walk Ceremony

**Complimentary boxed LUNCH provided**

**Registration Fee: \$25 in Advance or  
\$30 the day of the Walk/Run**

- **All walkers will receive a Walk T-Shirt**
- Those persons raising \$150-\$749 will receive a Walk T-Shirt and Sweatshirt
- Those persons raising \$750 or more will receive a free T-Shirt, Sweatshirt & Quilt

Walkers/Runners may register in person the day of the walk or in advance by contacting the Hemophilia Foundation of Maryland at 410-661-2307 or visiting [www.hfmonline.org](http://www.hfmonline.org)

**Food • Giveaways • Vendors  
Moon Bounce • Lots of Fun**

*Sponsored by the Baltimore City Department of  
Recreation and Parks and the Clarence  
"Du" Burns Arena.*

Hemophilia Foundation of Maryland, Inc.  
13 Class Court, Suite 200  
Parkville, Maryland 21234  
Tel: 410.661.2307  
[www.hfmonline.org](http://www.hfmonline.org)

Non-Profit  
U.S. Postage  
**PAID**  
Baltimore, MD  
Permit No. 5147

## The Hemophilia Foundation of Maryland's



**WALK TO STOP  
THE BLEEDING**

#### 4 Mile Walk/Run

**Saturday, June 12, 2010**

**8:00 a.m. – 12 noon**

**through Historic Canton &  
Fells Point**

**Starting at the**

**Clarence "Du" Burns Arena.**

**1301 S. Ellwood Avenue**

**Baltimore, Maryland 21224**

Walk/Run ☉ Rain or Shine  
Roller blades, bikes, strollers,  
and pets are welcomed!

[www.hfmonline.org](http://www.hfmonline.org)

# YOUR SUPPORT

*The Hemophilia Foundation of Maryland (HFM) was founded in the 1950's by a group of concerned families. HFM offers assistance throughout Maryland from our central office in Baltimore.*

**Our Community consists of bleeding disorders such as:**

**Hemophilia:** An inherited disorder, occurring in approximately 1 out of every 4,000 males, transferred genetically from mother to son. Spontaneous mutation can also occur without any previous family history. Hemophilia is a clotting factor deficiency, Factors VIII and IX, which causes uncontrolled bleeding into joints, organs and tissues. Internal bleeding, without prompt and proper treatment, can cause severe pain, joint damage, orthopedic problems and life threatening circumstances.

Hemophilia treatment is accessible and successful. Costs, however, can range between \$100,000.00 to \$500,000.00 annually. Delayed treatment can give rise to medical complications. Experiments in gene therapy are now beginning. This possible "cure" will greatly enhance the individual's quality of life.

**Von Willebrand Disorder:** A genetic bleeding disorder affecting 1-3% of the general population is found in both males and female.

**The proceeds raised at the Walk for Hemophilia will help to further support the mission of the Hemophilia Foundation of Maryland.**

# DIRECTIONS

**Clarence "Du" Burns Arena  
1301 S. Ellwood Avenue  
Baltimore, Maryland 21224**

*Take Interstate 95 to Exit 57 (Boston Street, West). Follow Boston Street into Canton. The arena will be on your right. Make a right onto Ellwood Avenue and then turn right into the parking lot.*

# SPONSOR FORM

Name of Walker: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State/Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Name of Challenging Team (if any) \_\_\_\_\_

*(All walkers are encouraged to collect their sponsor's donations in advance and bring them the day of the walk or mail them prior to the walk to):*



**Hemophilia Foundation of Maryland  
13 Class Court  
Baltimore, Maryland 21234  
For more information  
please call 410-661-2307 or 1-800-964-3131  
or visit [www.hfmonline.org](http://www.hfmonline.org)**

Registration must be received by May 20, 2010 to guarantee a Walk Tee Shirt.  
Shirt Size S M L XL (please select)

<b>Sponsor's Name, Address, Zip</b>	<b>Amount</b>
1. _____	\$ _____
_____	_____
2. _____	\$ _____
_____	_____
3. _____	\$ _____
_____	_____
4. _____	\$ _____
_____	_____

Please Attach separate sheet of paper for additional sponsors.  
 HFM is a non profit organization (501(c)(3) 52-1973777)

**TOTAL: \$ \_\_\_\_\_**

